POSTER: MOTOR SKILLS AND PARTICIPATION IN MIDDLE CHILDHOOD: A DIRECT PATH FOR BOYS, A PATH MEDIATED BY VALUE FOR PHYSICAL ACTIVITY FOR GIRLS

Elnaz Emadirad 1, Brad W. N. Temple 1, Stephanie C. Field 1, Patti-Jean Naylor 1, and *Viviene A. Temple 1

1 University of Victoria, School of Exercise Science, Physical and Health Education, Victoria, British Columbia. Canada

Corresponding author: Viviene Temple

Email: vtemple@uvic.ca

Objective: Beyond often-examined perceptions of competence and motor skill proficiency, perceived value and children's expectations for success are thought to affect engagement in physical activities. We used parallel mediation models to examine the direct effect of motor skill proficiency on participation in physical activities as well as whether children's beliefs and value for physical activities mediated this relationship. Method: Participants were n = 398 grade 3 children (201 girls). Motor skills were assessed using the Test of Gross Motor Development-2, The Value Expectancy Questionnaire was used to measure ability beliefs, expectations of success, and value for physical activities, and the Children's Assessment of Participation and Enjoyment was used to evaluate participation in physical activities. Results: Motor skill proficiency predicted all three psychological constructs for the boys and the girls, and boys' participation in physical activities. However, the psychological variables did not mediate the relationship between motor skills and participation among the boys. For the girls, subjective task values mediated the relationship between motor skills and physical activity participation. Implications: It is possible that the girls are further along in their ability to reflect on their competence, successes, and failures; it is also possible that the lower motor skill levels of girls had a deleterious effect on their feelings about participating.